

Rapid and Direct Low Micromolar NMR Method for the Simultaneous Detection of Hydrogen Peroxide and Phenolics in Plant Extracts

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S Supporting Information

ABSTRACT: A rapid and direct low micromolar ¹H NMR method for the simultaneous identification and quantification of hydrogen peroxide and phenolic compounds in plant extracts was developed. The method is based on the highly deshielded ¹H NMR signal of H₂O₂ at ~10.30 ppm in DMSO-*d*₆ and the combined use of picric acid and low temperature, near the freezing point of the solution, in order to achieve the minimum proton exchange rate. Line widths of H₂O₂ below 3.8 Hz were obtained for several Greek oregano extracts which resulted in a detection limit of 0.7 μmol L⁻¹. Application of an array of NMR experiments, including 2D ¹H-¹³C HMBC, spiking of the samples with H₂O₂, and variable temperature experiments, resulted in the unequivocal assignment of H₂O₂ precluding any confusion with interferences from intrinsic phenolics in the extract.

KEYWORDS: hydrogen peroxide, ¹H-¹³C HMBC, NMR, phenolics, spiking, DETAPAC

INTRODUCTION

Hydrogen peroxide plays an important role in fermentation and food industry, as a bleaching agent for textiles, as an oxidizer for vat dyes, and as an active reagent in chemical synthesis and in detoxicating organic pollutants.^{1,2} Hydrogen peroxide is also involved in oxidative processes required in the initiation and the promotion of ripening of fruits,³ and in a number of signaling cascades in plants^{4,5} in response to both biotic and abiotic stress.⁶ Plants possess very efficient enzymatic and non-enzymatic antioxidant defense systems that allow scavenging of H₂O₂ and protect plant cells from oxidative damage.⁷

As a consequence of the increasing importance of H₂O₂ in plant metabolism, adequate and efficient methods are necessary to determine its concentration in plant tissue and organs. Several analytical techniques have been used for determination of hydrogen peroxide. These include titrimetry,⁸ a chromatographic method based on the conversion of methylphenyl sulfide to methylphenyl sulfoxide and methylphenyl sulfone,⁹ infrared spectroscopy,¹⁰ Raman spectroscopy,¹¹ chemiluminescence,¹² electrochemical methods,^{13,14} and biosensors.^{15,16} Electrochemical and chemiluminescence detection of H₂O₂ is distinctive for its low detection limit as well as low costs.^{17,18} However, phenolics and ascorbate, which are normally present at high concentrations in plant tissue and extracts, quench luminescence and affect electrochemical detection. Therefore, additions of insoluble polyvinylpyrrolidone (PVPP) and ascorbate oxidase are usually required in order to remove phenols and ascorbate from extracts.^{19,20} Furthermore, several sensors based on proteins may result in limited lifetime, a stability problem, and complex procedures in the fabrication process. Recently, a technique utilizing ¹H NMR has been developed to measure the concentration of hydrogen peroxide from 10⁻³ to 10 mol L⁻¹.²¹ Line widths, however, of over 250

Hz were observed which limit the wide application of the method.

Despite the numerous analytical techniques available, few methods are applicable for quantitative measurements of hydrogen peroxide in the micromolar to millimolar concentration range for natural product extracts. Furthermore, the origin of the great variation in the determined H₂O₂ concentrations in leaves and extracts from various plant species that spanned more than 3 orders of magnitude was ascribed by Cheesman²² to be due to methodology and experimental uncertainties rather than biological variation. Thus, continued generation or degradation of H₂O₂ during analysis is potentially as important as other types of interference by ascorbate and phenolics with the hydrogen peroxide assay itself.²²

In the present work, we demonstrate that a rapid and direct micromolar identification and quantification of hydrogen peroxide can be achieved in plant extracts using one-dimensional ¹H NMR spectroscopy. The determination of H₂O₂ is based on the highly deshielded ¹H NMR signal at ~10.30 ppm and the extremely sharp ($\Delta\nu_{1/2} \approx 1.2\text{--}3.8$ Hz) resonance which can be achieved with the use of DMSO-*d*₆ as solvent, picric acid, and temperatures near the freezing point of the solution which result in a minimum of intermolecular proton exchange rate. Unequivocal assignment of H₂O₂ was achieved with the combined use of spiking with H₂O₂ and 2D ¹H-¹³C HMBC. Moreover, the simultaneous determination of phenol -OH containing compounds (Scheme 1) is reported herein.

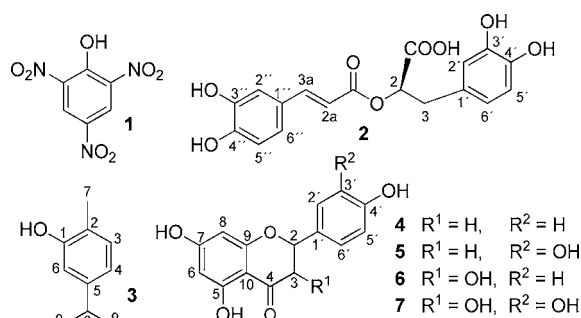
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Scheme 1. Chemical Structures of Picric Acid (1) and Major Phenol –OH Containing Compounds Present in Greek Oregano Extracts [Rosmarinic Acid (2), Carvacrol (3), Naringenin (4), Eriodictyol (5), Aromadendrin (6), Taxifolin (7)]



MATERIALS AND METHODS

Chemicals. DMSO-*d*₆ and CD₃CN (NMR quality) were purchased from Deutero (Kastellaun, Germany), H₂O₂ was from Carlo Erba Reagents (Milan, Italy), and 3-(trimethylsilyl)propionic acid-*d*₄ sodium salt (TSP-*d*₄) was from Cambridge Isotope Laboratories Inc. (Cambridge, MA). Hexane and methanol were of analytical grade from Scharlau (Barcelona, Spain), and ethyl acetate and acetone were from Lab-Scan (Dublin, Ireland). Diethylenetriaminepentaacetic acid (DETAPAC) was purchased from Sigma-Aldrich.

Plant Material. Aerial parts of oregano (*Origanum vulgare*) were collected in August 2008 from the region of Epirus, Greece. Reference specimens are retained in the University of Ioannina with voucher accession number UOI080811.

Sample Preparation. The plant material was air-dried at room temperature in the dark, and stored at –20 °C. In order to prepare the ethyl acetate and methanol extracts ground oregano leaves (~5 g) were extracted sequentially with 200 mL of three solvents of gradually increasing polarity in a Soxhlet apparatus for 6 h with each solvent. The sequence of the solvents was the following: hexane (in order to remove chlorophylls), ethyl acetate, and methanol. The ethyl acetate and methanolic extracts were concentrated using a rotary evaporator and kept in sealed dark flasks after a few minutes of nitrogen flushing. Approximately 0.3 and 0.4 g of residue was obtained from the ethyl acetate and methanol extracts, respectively. In order to prepare the crude acetone extract, dried material (5 g) was extracted with 200 mL of acetone in a Soxhlet apparatus for 6 h, as previously described. Approximately 0.4 g of residue was obtained from the acetone extract. In order to investigate the effect of metal chelating agent (DETAPAC) and neutral pH buffer on the hydrogen peroxide content, three different aqueous extracts were prepared as follows: dried material (2 g) was placed in (a) 100 mL of distilled water, (b) 100 mL of 10 mM sodium phosphate buffer pH 6.2 with 1.4 × 10^{–5} M DETAPAC, and (c) 100 mL of distilled water with 1.4 × 10^{–5} M DETAPAC. The samples were heated under stirring for 1 h in water bath at 40 °C and then filtrated. The water was removed with freeze-dryer. Approximately 0.5 g of solid residue for extracts a and c and 0.6 g for extract b were obtained. All solid residues were stored at –20 °C.

NMR Instrumentation. NMR experiments were performed on a Bruker AV500 spectrometer equipped with a TXI cryoprobe (Bruker Biospin, Rheinstetten, Germany). Samples were dissolved in 0.6 mL of DMSO-*d*₆ and transferred to 5 mm NMR tubes. All chemical shifts were measured with reference to the internal standard, TSP-*d*₄ (δ_H = 0.000 ppm), of a certain concentration (0.02 mmol L^{–1}). The amount of added picric acid (1) was 40–80 μL from a stock DMSO-*d*₆ solution of 0.1 mol L^{–1} of (1) for the aqueous and methanol solid residues and 10–20 μL from a stock DMSO-*d*₆ solution of 0.01 mol L^{–1} of (1) for the acetone solid residue. The NMR spectrometer was controlled by the software TopSpin 2.1. All spectra were acquired with an acquisition time of 2.499 s, 64 K data points, and 90° pulse length. The 2D ¹H–¹³C HSQC and HMBC experiments were carried out

using standard Bruker software, and parameters were optimized for coupling constants of 145.0 and 8.0 to 2.5 Hz, respectively. To ensure adequate relaxation of the protons that were used for quantification, their *T*₁ was measured using the inversion recovery pulse sequence. *T*₁ was found to be 1.27 s for H₂O₂ and 2.51–2.97 s for the phenolic compounds and flavonoids of interest. The pulse repetition time was set at 4*T*₁ of the longest *T*₁ value.

RESULTS AND DISCUSSION

The ¹H NMR chemical shift of the model compound H₂O₂ in various solvents was found to be strongly dependent on the hydrogen bonding strength and solvation ability of the solvent (δ_H = 10.27 ppm in DMSO-*d*₆ and δ_H = 8.77 ppm in CD₃CN). Furthermore, δ_H of H₂O₂ in DMSO-*d*₆ was found to be practically concentration independent in the region of 5 mmol L^{–1} (δ_H = 10.25 ppm) to 50 mmol L^{–1} (δ_H = 10.30 ppm). δ_H of H₂O₂ in DMSO-*d*₆, therefore, is well outside the overcrowded aromatic region present in natural product mixtures.²³

Figure 1A illustrates a selected region of the ¹H NMR spectrum of a methanol extract of Greek oregano in DMSO-*d*₆

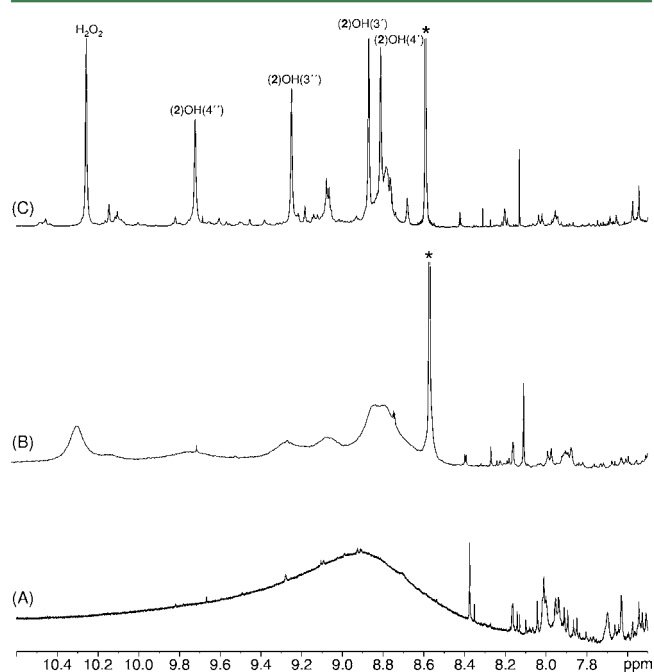


Figure 1. Selected regions of the 500 MHz 1D ¹H NMR spectra of 21.3 mg methanol extract of Greek oregano in 0.6 mL of DMSO-*d*₆ (*T* = 288 K, number of scans = 512, experimental time = 1 h and 8 min). (A) Without the addition of picric acid (1). (B and C) The same solution as in part A with a dilution factor of 2 and with mass ratio of [1]/[extract] = 158.5 × 10^{–3} and 225.7 × 10^{–3}, respectively. The asterisk denotes the resonance of 1. The assignment of the resonances of the –OH groups of rosmarinic acid 2 is indicated.

which was chosen because of its enhanced antioxidant activity²³ and its chemical complexity.²⁴ In the region δ_H 8.1–10.4 ppm a strong and broad resonance (Δ*ν*_{1/2} = 280 Hz) was observed, which can be attributed to the composite signal of the –OH groups of the main constituents of the extract. The –OH groups appear as broad signals due to intermolecular exchange of the –OH protons with the residual H₂O in DMSO-*d*₆ and the various –OH and –COOH groups.²⁵ It has been recently illustrated that ultra high-resolution can be achieved in the ¹H NMR spectroscopic region (8–14 ppm) where the phenolic hydroxyl resonances appear with the addition of picric acid

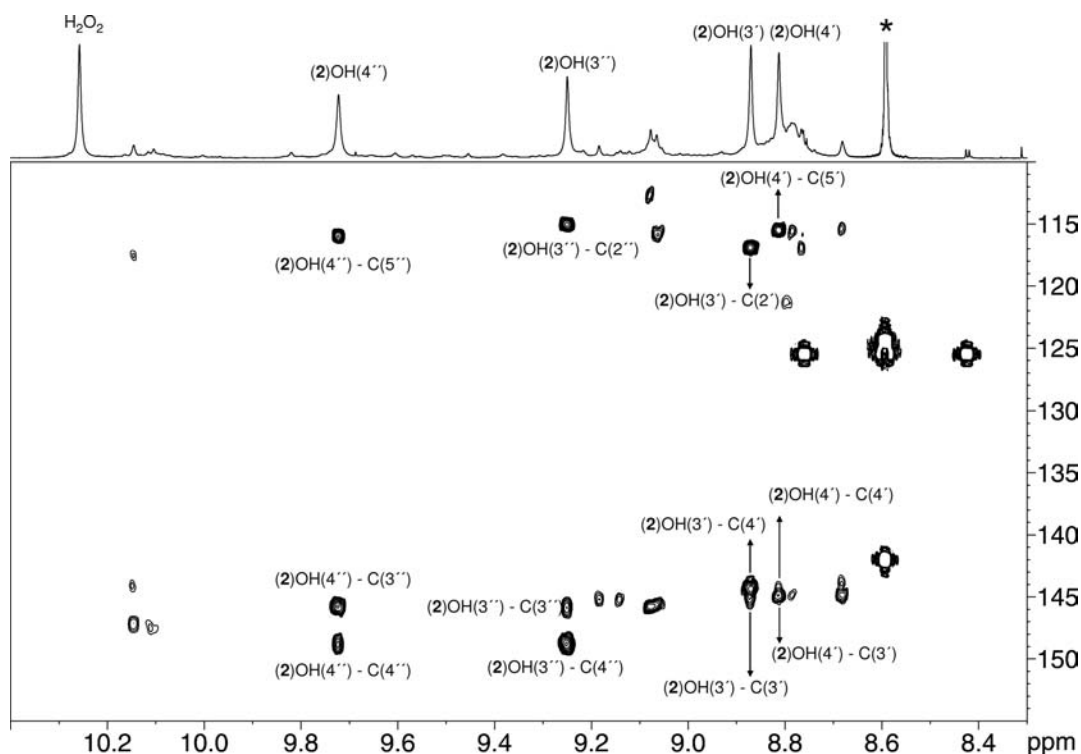


Figure 2. Selected regions of the 500 MHz 2D ^1H - ^{13}C HMBC NMR spectrum of the solution of Figure 1 (number of scans = 102, experimental time = 13 h and 20 min). The common cross-peaks of the OH groups of rosmarinic acid (2) are indicated. The asterisk denotes the resonance of 1.

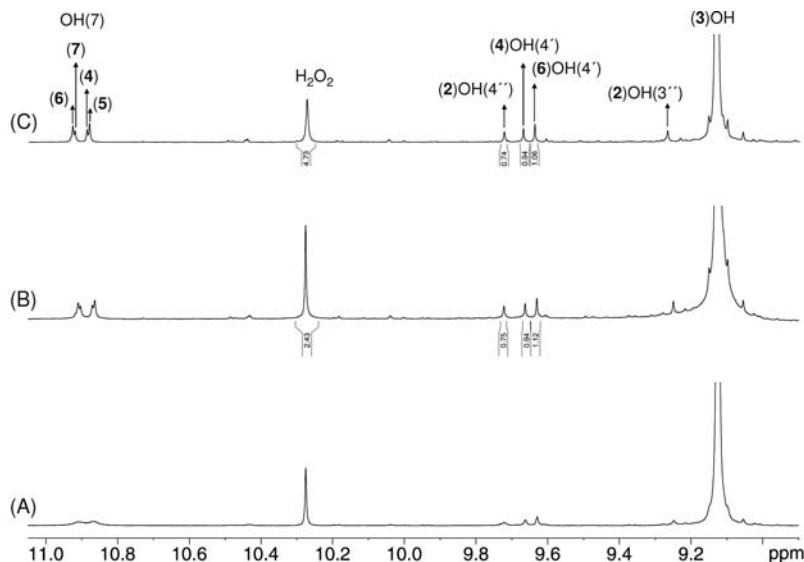


Figure 3. Selected regions of the 500 MHz 1D ^1H NMR spectra of 20 mg of a Greek oregano acetone extract in 0.6 mL of $\text{DMSO}-d_6$ ($T = 292\text{ K}$, number of scans = 64, experimental time = 8 min). (A) Without the addition of picric acid (1). (B) With mass ratio of $[\text{1}]/[\text{extract}] = 1.68 \times 10^{-3}$. (C) The same solution as in part B with the addition of $0.77\text{ mmol L}^{-1}\text{ H}_2\text{O}_2$. The assignment of the $-\text{OH}$ resonances of the major species carvacrol (3), rosmarinic acid (2), naringenin (4), taxifolin (7), eriodictyol (5), and aromadendrin (6) is indicated.

(1).²⁶ The chemical exchange rate of the hydroxyl protons exhibits a U-shaped curve with a minimum in aqueous solutions at $\text{pH} \approx 4.5$.^{27,28} A similar minimum in the exchange rate of the relevant protons has been observed in a mixture of H_2O and organic solvents.²⁷ The pH values of aqueous solutions of the studied Greek oregano extracts were found to be in the range 5.2–6.5. Addition of 1 (Figure 1B) resulted in excellent resolution of all the phenol $-\text{OH}$ resonances. Specifically, four major peaks of equal integral at 9.72 ppm ($\Delta\nu_{1/2} = 4.2\text{ Hz}$), 9.25 ppm ($\Delta\nu_{1/2} = 3.5\text{ Hz}$), 8.87 ppm ($\Delta\nu_{1/2} = 3.3\text{ Hz}$), and

8.81 ppm ($\Delta\nu_{1/2} = 3.9\text{ Hz}$) can be attributed to the OH(4''), OH(3''), OH(3'), and OH(4') of rosmarinic acid (2), which is one of the main constituents of the extract. Application of 2D ^1H - ^{13}C HMBC (Figure 2) in the same solution resulted in a significant number of $^n\text{J}(\text{H},^{13}\text{C})$ cross-peaks of the OH(4''), OH(3''), OH(3'), and OH(4') of rosmarinic acid and of other minor constituents of the extract. On the contrary, the resonance at 10.30 ppm did not present any $^n\text{J}(\text{H},^{13}\text{C})$ cross-peaks. Moreover, spiking of the solution with 0.77 mmol L^{-1} of

H₂O₂ in DMSO-*d*₆ resulted in an increase of the resonance at 10.30 ppm ($\Delta\nu_{1/2} = 3.3$ Hz) (Figure 3C) which should be attributed to H₂O₂. The results of the spiking experiments were quantitative, and recovery values of 95–98% were obtained for H₂O₂ on the basis of the NMR integration data (Figure 3C).

It is important to define the temperature at which the ¹H NMR spectra of the extracts must be carried out to avoid undesirable broadening of the –OH groups.²⁹ Therefore, detailed variable temperature ¹H NMR spectra of the Greek oregano ethyl acetate extract were recorded (Figure 4). A linear

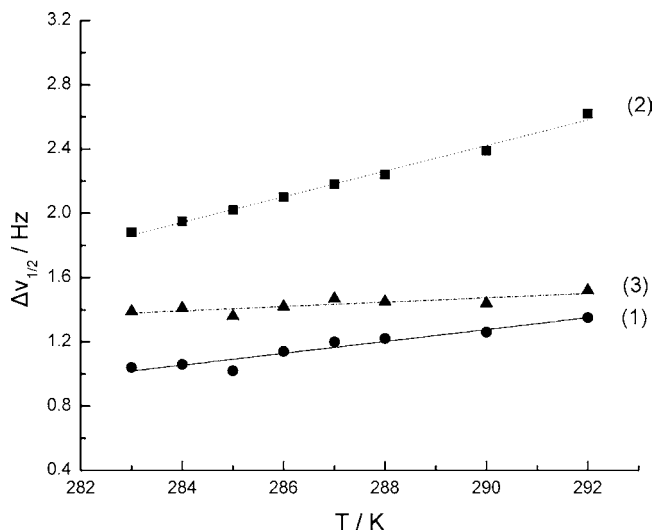


Figure 4. Temperature dependencies of the line widths ($\Delta\nu_{1/2}$) of the –OH protons of H₂O₂ (1), rosmarinic acid (2) OH (4''), and carvacrol (3) OH, in 0.6 mL DMSO-*d*₆ of the Greek oregano ethyl acetate extract.

dependence of the line width, $\Delta\nu_{1/2}$, of H₂O₂, OH(4'') of rosmarinic acid and carvacrol was obtained in the temperature range 292–283 K. The minimum line width was obtained at 283 K which is approximately 2 °C above the freezing point of the solution (281 K) and was found to be up to 11 °C below the freezing point of the neat solvent (292 K) and depended upon the concentration of the solution and the amount of the residual H₂O. This demonstrates that in the region 292–283 K the effect of the decrease in proton exchange upon lowering the temperature on the –OH line widths more than compensates for the effect of the increase in solvent viscosity.

In order to evaluate the efficiency of this analytical method to natural product extracts, it was applied to four different solvent extracted Greek oregano samples (Tables 1 and 2). Since the spectral region at 10–11 ppm is not crowded (Figures 1 and 3), contrary to the case of the aromatic or aliphatic region, the analysis of H₂O₂ in complex plant extracts can be obtained directly by the use of one-dimensional ¹H NMR spectra. It

Table 1. Chemical Shifts, δ (ppm), and Line Widths, $\Delta\nu_{1/2}$ (Hz), of H₂O₂ in Greek Oregano Extracts at $T = 288$ K

extract	δ (ppm)	$\Delta\nu_{1/2}$ (Hz)
aqueous	10.30	3.8 ^a
methanol	10.30	3.3 ^a
acetone	10.29	2.9 ^a
ethyl acetate	10.29	1.2

^aAfter the addition of picric acid (1).

should be emphasized that the ¹H NMR chemical shift variation of H₂O₂ in the different Greek oregano extracts was found to be below 0.01 ppm (Table 1). This demonstrates that δ_{H} in DMSO-*d*₆ can be of high diagnostic value for identifying H₂O₂ in complex plant extracts. Even in the rare case of interference from –OH containing compounds in this spectral region, the combined use of spiking with H₂O₂ (Figure 3C) and variable temperature ¹H NMR acquisition (Figure S1 in the Supporting Information) can ensure the presence of H₂O₂. Interestingly, the chemical shift temperature coefficient of H₂O₂ (–4.5 ppb K^{–1}) is distinctly different from those of the phenolic groups which are exposed in the solvent²⁹ (–6 to –7 ppb K^{–1}) (Table 3, Figure S2).

The quantitative content of H₂O₂ and phenol containing compounds in crude extracts was determined by comparing the integrals of the signal of H₂O₂ and selected –OH groups of phenols with the integral of a given quantity of the internal standard TSP-*d*₄ ($\delta_{\text{H}} = 0.000$ ppm). It is evident that identification and quantification is not limited in cases where H₂O₂ is a major species, e.g., 2.30 ± 0.08 mg g^{–1} in the ethyl acetate extract after storage of the NMR tube in the dark and at room temperature for 12 days, but also in the case of freshly prepared NMR sample of the ethyl acetate extract where H₂O₂ is a minor species (0.08 ± 0.005 mg g^{–1}). Linear responses were observed over a range of 1 $\mu\text{mol L}^{-1}$ to 5 mmol L^{–1} for H₂O₂ with correlation coefficients for the calibration curves of 0.988. The limit of detection (for $S/N = 3$) was found to be 0.7 $\mu\text{mol L}^{-1}$, and the limit of quantification was (for $S/N = 10$) ≈ 2.2 $\mu\text{mol L}^{-1}$ (number of scans 256, experimental time 51 min).

Although H₂O₂ is a mild oxidant, being the least reactive of reactive oxygen species (ROS),³⁰ the measured quantity of hydrogen peroxide can be variable even for a given plant due to aging, fermentation, extraction protocol, and fluctuation in pH. The presence of metal ions such as Fe²⁺ or Cu²⁺ can promote Fenton reaction, enzymatic activity for consumption or production of H₂O₂ might continue,²² and the presence of native plant diphenols may affect H₂O₂, especially during water extraction. Several experiments, therefore, were performed in order to investigate the effect of the extraction protocol, and the effect of storage of the solution on the amount and stability of the hydrogen peroxide content. Furthermore, the effect of diethylenetriaminepentaacetic acid (DETAPAC), which is a metal chelating agent that was introduced as a tool to mediate the catalytic activity of redox active metals in superoxide generating systems,^{31,32} and the effect of pH were additionally studied for the aqueous residue.^{32,33}

For all Greek oregano extracts, measurements on three different aliquots from the same extract exhibited high reproducibility of the concentration level of H₂O₂ with standard deviation below 10% (Table 2) depending on the concentration and the achievable line width of H₂O₂. However, the amount of H₂O₂ was found to be strongly dependent upon storing the solution in the NMR tube in the dark and at room temperature for a period of several days. Thus, the amount of H₂O₂ for the ethyl acetate extract progressively increased from 0.08 mg g^{–1} for a freshly prepared NMR sample to 2.30 mg g^{–1} after 12 days of storage. Similar results were obtained for the other residues.

The effect of lyophilization, metal chelation, and neutral pH buffer on the measured quantity of H₂O₂ of the aqueous residue was investigated in detail. Since H₂O₂ has a boiling point of 150 °C, lyophilization would remove any H₂O₂ present

Table 2. Comparison of Concentration^a Levels of H₂O₂ and Major Phenolic Compounds in Greek Oregano Extracts in DMSO-*d*₆ at *T* = 288 K

extract	H ₂ O ₂	carvacrol	rosmarinic acid	naringenin	eriodictyol
ethyl acetate ^b	0.08 ± 0.005 ^h	143.19 ± 3.34	6.36 ± 0.18	4.88 ± 0.73	6.41 ± 0.56
	2.30 ± 0.08 ⁱ				
methanol ^b	0.16 ± 0.01 ^h	ND ^c	31.19 ± 0.36	0.24 ± 0.03	0.36 ± 0.02
	0.49 ± 0.01 ⁱ				
acetone ^b	ND ^{c,h}	422.21 ± 9.23	6.30 ± 0.37	5.73 ± 0.25	8.93 ± 0.51
	1.62 ± 0.09 ⁱ				
aqueous ^b	ND ^{c,d,e}	9.34 ± 0.41	0.42 ± 0.08	0.52 ± 0.08	0.97 ± 0.09
	2.19 ± 0.21 ^{e,i}				
	ND ^{c,d,f}	1.19 ± 0.10 ^{g,i}			
	2.48 ± 0.23 ^{f,i}				

^amg g⁻¹ extract. ^bMean value of three NMR measurements on three different aliquots from the same solid residue ±SD (standard deviation). ^cNot detected. ^dThe three samples were measured immediately after lyophilization. ^eThe sample from aqueous extract using distilled water. ^fThe sample from aqueous extract using distilled water with DETAPAC. ^gThe sample from aqueous extract using phosphate buffer with DETAPAC (see Material and Methods section). ^hMeasured immediately after preparation. ⁱThe same sample after 12 days of storage in the dark and at RT.

Table 3. Chemical Shift Temperature Coefficients ($\Delta\delta/\Delta T$) of the -OH Protons of H₂O₂, Rosmarinic Acid, (2)OH(4''), (2)OH(3''), (2)OH(3'), and (2)OH(4'), and Carvacrol, (3)OH, in 0.6 mL of DMSO-*d*₆ of the Greek Oregano Ethyl Acetate Extract of Figure S1

compound	$\Delta\delta/\Delta T^a$
H ₂ O ₂	-4.5
(2)OH(4'')	-6.9
(2)OH(3'')	-5.9
(2)OH(3')	-6.6
(2)OH(4')	-6.6
(3)OH	-6.2

^aExpressed in parts per 10⁹ (ppb) K⁻¹.

in the aqueous extract. Indeed, whereas H₂O₂ could not be determined in a freshly prepared aqueous solid residue after lyophilization (see Sample Preparation section), H₂O₂ was found in a relatively high amount after 12 days of storage of the solution in the dark and at RT. The presence of the complexation reagent DETAPAC during the aqueous extraction seems not to affect significantly the amount of H₂O₂ (Table 2); however, in the presence of neutral phosphate buffer (pH ≈ 6.2) the amount of the produced H₂O₂ was significantly reduced. This might be attributed to the fact that the plant tissue and the solid residues naturally contain multiple diphenolic compounds. Many diphenols are subject to autoxidation in air to give quinines through semiquinone radical intermediates.³⁴ The semiquinone radicals during the extraction process and/or upon storage of the solution can reduce molecular oxygen to the superoxide radical that can undergo dismutation either by metals or by catalase from the plant to produce H₂O₂. The minor quantity of H₂O₂ in freshly prepared samples and the significant increase in the content of H₂O₂ on storage of all the NMR samples, which is practically independent upon the presence of DETAPAC, clearly demonstrate that noncatalytic autoxidation of hydroquinones to corresponding quinines is the primary factor. This autoxidation results in the stoichiometric production of H₂O₂ which is pH dependent, and the rate increases as the pH increases.³⁵

From the above it might be concluded that the proposed method based on the strongly deshielded ¹H NMR chemical shift of H₂O₂ can be used as a probe for its identification and quantification in complex phytochemical mixtures. Line widths below 3.8 Hz were achieved by the combined use of DMSO-*d*₆

as solvent, picric acid, and temperatures near the freezing point of the solution, which eliminates proton exchange rate and, thus, line broadening. Even in the rare case of interferences from -OH containing compounds in this shielding region, the combined use of spiking with H₂O₂ and variable temperature ¹H NMR acquisition can validate the presence of H₂O₂. The great advantage, therefore, of the above simple and rapid NMR approach as a nondestructive tool for simultaneous structure assignment and quantification of H₂O₂ and phenolics prevails over the disadvantage of the high cost of instrumentation, although it is commonly available in many research laboratories. Furthermore, since the concentration of H₂O₂ is related with aging and storage conditions of plant tissues, plant metabolism, extraction protocol, and storage of the NMR samples, its determination should be based on a direct, rapid, and easily applied methodology, as the one suggested herein.

■ ASSOCIATED CONTENT

📄 Supporting Information

Selected regions of the 500 MHz 1D ¹H NMR spectra of 30.5 mg of a Greek oregano ethyl acetate extract in 0.6 mL DMSO-*d*₆ at various temperatures. Temperature dependencies of the -OH protons of H₂O₂, rosmarinic acid, (2)OH(4''), and carvacrol, (3)OH, of a Greek oregano ethyl acetate extract. This material is available free of charge via the Internet at <http://pubs.acs.org>.

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Notes

The authors declare no competing financial interest.

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